



# Penn Cove Shellfish

*Fresh From the Water - Not the Warehouse!*

PO Box 148, Coupeville WA Ph: 360-678-4803 Fax: 360-678-0266

Email: [info@penncoveshellfish.com](mailto:info@penncoveshellfish.com)

## Shellfish Nutrition Chart

*Proximate Composition, Fatty Acid and Minerals Per 100 Grams of Shellfish*

